

JHOMOLHARI BASE CAMP & YAKSA TREK
(SAMPLE ITINERARY)

Arrive in Paro

Day 1

The flight into Paro on the National Airline, Druk Air, is a magnificent introduction to the mystical beauty of our Kingdom. On a clear day, breathtaking views of the world's highest peaks give way to the fertile green valley of Paro. After you finish your immigration and custom formalities, our representative will greet you at the arrival entrance. You will then drive through the beautiful valley of Paro and across the Paro Chhu River to your hotel.

This day is customized for you; choose to hike up to the famous Tiger's Nest, or take on a more relaxing adventure in the town of Paro where your guide will take you to the local art gallery, specialty shops and even to the local pub. For some additional serenity, we will gladly book a spa treatment for you.

Spend your first night at a luxury hotel in Paro.

Paro – Shana

Day 2

Your trek to Shana begins at Drukgyal Dzong following the Paro River, passing cultivated fields and tiny picturesque villages. The forests are alive with numerous birds and brightly coloured butterflies.

Overnight at camp Shana.

Altitude: 2,820 m
Distance: 14 Km
Time: 5 - 6 hours

Shana – Thangthangka

Day 3

The trail follows the river through a heavily forested area with a few isolated farmhouses. It narrows and closes in and the trail winds up and down along the drainage. We pass a junction in route, where another path leads north over the Tremo La to Tibet. Camp is in a meadow with a stone shelter.

Altitude: 3610 m
Distance: 21 Km
Time: 7 - 8 hours

Thangthangka – Jangothang

Day 4

In the morning after passing a small army post, the trail slowly leaves the forest line and gradually climbs into a beautiful valley, passing Tegethang, a winter home of yak herdsman. Lunch will be served in one of these huts. Lots of yaks will be seen today before we arrive at the Jhomolhari base camp (4,115 m). High mountains overlook the camp and visible nearby are the ruins of an old fortress used to guard Bhutan against Tibetan invasions.

Altitude: 4,115m
Distance: 15km
Time: 5 - 6 hours

Jangothang (Halt)**Day 5**

This is a rest day, and a chance to acclimatize and walk up to the Jhomolhari Glacier.

Jangothang – Yaksa**Day 6**

Start with quite a stiff climb through high pastures and Tsho Phu Lakes. Leaving behind the lakes you gently climb towards Bonte La Pass (4,890m) where we are rewarded with stunning views of Mt. Jhomolhari, Jichu Drake and other Himalayan Mountains. Drop steeply down to the valley of Yaksa, where our camp is near the river.

Altitude: 3,800m
Distance: 15km
Time: 6-7 hours

Yaksa – Thombu**Day 7**

In the morning gradually climb through the forest of rhododendron up to Tagun La Pass (4,520m) where we once again have stunning views of the Himalayan Mountains. Then shortly reach your camp at Thombu, one of the most beautiful campsites in Bhutan.

Altitude: 4,180m
Distance: 10km
Time: 5-6 hours

Thombu – Shana**Day 8**

Today is one of the most challenging days of the trek. Climb slowly up to a peak (4,360m) and follow the ridge, where on clear days you have beautiful views of the mountains, including some peaks located in Tibet. Then drop steeply down for almost 3 hours until you emerge at Guni Tsawa Army Camp.

Altitude: 2,820m
Distance: 15km
Time: 6-7 hours

Shana – Paro**Day 9**

Your transport will be waiting (at Drukgyal Dzong) to take us to the hotel in Paro. We will use this last day to "squeeze in" whatever you missed on the first day, The Tiger's Nest or the town of Paro. An additional treat awaits you, a traditional hot stone bath complete with ara (local whiskey) in fried eggs. You will feel rejuvenated after your long trek.

Enjoy a relaxing evening in the comfort of your luxury accommodations in Paro.

Depart**Day 10**

Early morning your guide will escort you to the airport to board your flight out of the Kingdom.